

# Throwback Love

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**Description :** 56 temps, Intermediaire Phrasée, Juin 2017

**Musique :** « Throwback Love » par Meghan Trainor

**Sequence: A-B-B-A (Restart) A-B-B-A-B-B-B**

**Starts after: 16 Counts ( +/- 17 Sec. on Track)**

## **PART A: 32 counts**

### **A1: RUMBA BOX, R/L, MAMBO FWD 1/2 TURN R, SHUFFLE 1/2 TURN R**

- 1 RF Step to right side
- & LF Close next to RF
- 2 RF Step forward
- 3 LF Step to left side
- & RF Close next to LF
- 4 LF Step forward
- 5 RF Step forward
- & LF Recover weight, 1/4 Turn right (3.00)
- 6 RF 1/4 Turn right, stepping forward (6.00)
- 7 LF 1/4 Turn right, stepping to left side (9.00)
- & RF Close next to LF
- 8 LF 1/4 Turn right, stepping backwards (12.00)

### **A2: MAMBO BACK, HEEL, HEEL, TOGETHER, CROSS STEP, SNAP, TOUCH SIDE 2X, SAILOR STEP R**

- 1 RF Step backwards
- & LF Recover weight
- 2 RF Step forward on the heel
- & LF Step forward on the heel
- 3 RF Close next to LF
- & LF Cross over RF
- 4 Snap your fingers
- 5 RF Touch to right side
- & RF Touch next to LF
- 6 RF Touch to right side
- 7 RF Cross behind LF
- & LF Small step to left side
- 8 RF Step to right side

**\* RESTART POINT IN 2ND TIME PART A**

### **A3: BALL CHANGE, SNAP, 1/4 TURN L, SNAP, 1/4 TURN L, SNAP, SIDE STEP, SNAP, JAZZBOX R, SHORTY GEORGE**

- & LF Step next to RF
- 1 RF Step to right side
- & Snap the fingers
- 2 LF 1/4 Turn left, stepping forward (9.00)
- & Snap the fingers
- 3 RF 1/4 Turn left, stepping to right side (6.00)
- & Snap the fingers
- 4 LF Step to left side

- & Snap the fingers
- 5 RF Cross over LF
- & LF Step backwards
- 6 RF Step to right side
- & LF Step forward
- 7 RF Step forward, Pushing the knee's to right
- & LF Step forward, Pushing the knee's to left
- 8 RF Step forward, Pushing the knee's to right
- & LF Step forward, Pushing the knee's to left

**A4: HEEL STEP, 1/4 TURN R, ROCK STEP – 2X, KICK, BEHIND, SIDE, CROSS – 2X**

- 1 RF Heel forward
- & LF 1/4 Turn right, Recovering weight
- 2 RF Step backwards
- & LF Recover weight
- 3 RF Heel forward
- & LF 1/4 Turn right, Recovering weight
- 4 RF Step backwards
- & LF Recover weight
- 5 RF Kick diagonal right forward
- & RF Cross behind LF
- 6 LF Step to left side
- & RF Cross over LF
- 7 LF Kick to left side
- & LF Cross behind RF
- 8 RF Step to right side
- & LF Cross over RF

**Part B: 24 counts**

**B1: TOE, HEEL ,CROSS – 2X, JUMP OUT, WEIGHT CHANGE L/R, BOUNCE 4X**

- 1 RF Touch next to LF
- & RF Touch heel to right side
- 2 RF Cross over LF
- & LF Touch next to RF
- 3 LF Touch heel to left side
- & LF Cross over RF
- 4 RF Jump out to the right side
- 5 LF Recover weight (While jumping into it)
- 6 RF Recover weight (While jumping into it)
- 7 RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (9.00)
- & RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (6.00)
- 8 RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (3.00)
- & RF Jump on the spot while keeping the LF out, Turning 1/4 Turn (12.00)

**B2: ROCK BACK, 1/2 TURN R, HITCH, STEP BACK, HITCH, STEP FORWARD, 1/2 TURN L, HITCH, STEP BACK, 1/2 TURN L, HITCH, STEP FWD, 1/2 TURN L, STOMP -2X**

- 1 LF Step backwards
- & RF Recover weight
- 2 LF 1/2 Turn right, stepping backwards (6.00)
- & RF Hitch
- 3 RF Step backwards
- & LF Hitch
- 4 LF Step forward
- & RF Hitch, while making a 1/2 Turn left (12.00)

- 5 RF Step backwards
- & LF Hitch, while making a 1/2 Turn left (6.00)
- 6 LF Step forward
- & RF Hitch
- 7 RF Step forward
- & LF 1/2 Turn left, stepping forward (12.00)
- 8 RF Stomp
- & LF Stomp

**B3: STEP FWD, KICK, STEP BACK, TOUCH, JAZZBOX 1/2 TURN R**

- 1 RF Step forward
- 2 LF Kick forward
- 3 LF Step backwards
- 4 RF Touch backwards
- 5 RF Cross over LF
- 6 LF 1/4 Turn right, stepping backwards (3.00)
- 7 RF 1/4 Turn right, stepping to right side (6.00)
- 8 Lf Small step forward

**\* Finish: Last time doing part B, make a normal jazzbox instead of a jazzbox 1/2 Turn. You will be facing (12.00).**

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